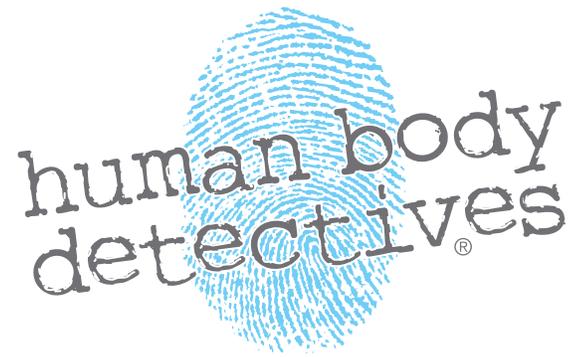


PRESS RELEASE

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HAWAII DOCTOR PUBLISHES EDUCATIONAL ADVENTURE STORY FOR KIDS

Hawaii Naturopathic Physician, Dr. Heather Manley, announces the release of Human Body Detectives (HBD): The Lucky Escape, the first Activity Workbook and Audio CD in her HBD series.

HBD is a series of educational adventure stories where two young "Human Body Detectives," Merrin and Pearl, magically enter different systems in the body to solve a health mystery. Through action packed fiction stories, listeners learn how the various systems work and what foods best fuel that system. The accompanying workbook filled with games and puzzles reinforces what kids have learned and help them further understand the importance of maintaining a healthy systems.

As a physician and a mother, Manley discovered that there are no books currently on the market that help kids learn, in a fun way, about how their bodies works especially by focusing on a specific body systems. Her philosophy is that if children understand how their bodies work, they are more apt to make healthy food and lifestyle choices.

The activity workbook and audio CD, and DVD packages are geared to serve as tools for families, teachers and home school parents, to supplement current science and/or health curricula.

Manley's goal is to expand the series to at least five books with corresponding DVD's. HBD: Battle with the Bugs is set for press in October 2009 and will be followed by adventures through the circulatory, nervous, and muscular systems.

The HBD: The Lucky Escape release coordinates with the recent launch of Manley's website, www.drheathernd.com. The site provides a resource for people, especially parents of young children, to learn about preventative health care and take charge of their family's health.

Dr. Manley is a naturopathic physician licensed in the state of Hawaii. She is a member of the American Association of Naturopathic Medicine and the Hawaii Naturopathic Medicine Association.

For more information and wholesale inquires, please visit www.humanbodydetectives.com, email drheather@drheathernd.com, or call 808-640-1159.

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Dr. Heather ND: A Natural Resource - Dr. Heather's site is a resource for people, especially parents, to learn about preventative healthcare. Dr. Heather believes everyone has a right to solid, natural, preventative healthcare information, and become proactive and confident in their own family's health.