

# BEING ME

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## NOTE TO TEACHER

Many educators agree that student participation in note-taking improves comprehension and retention of information; therefore, the students' notes are Cloze Notes to encourage students to actively follow along and take notes.

This topic can be sensitive for the teacher to present and for the students to participate in. I have found in the past, it is best to have as many discussions as possible throughout each class. To help with that, I have inspirational quotes at the beginning of the class and discussion questions at the end which will tie the quotes with the class material. Feel free to use them or not, or even reverse them. In addition, I have suggested handing out blank sheets for students to ask anonymous questions or comments that you may address at some point during any of the classes.

There are 6 classes in this course, however, some class times may vary due to discussions and questions that may arise which I highly encourage (At any time, pull a question from the anonymous ones submitted on the first day one of the class). I strongly suggest that the teacher review the material before the beginning of each class to get familiarized with the lecture plus images and handouts that may be needed.

My hopes for this course is for girls to understand and be aware of how their female anatomy works. I believe that with this, empowerment, confidence, and personal strength will follow in all aspects of their lives.

Please feel free to contact me with any questions.

Be well,



Dr. Heather Manley

